

Cumberland Athletic Club Open Championship 2011

**CUMBERLAND
ATHLETIC CLUB**



		Short Category						Medium Category						Long Category						Total points	No. of Races Ran	Completed championship (any 6 races)	Position				
		Keswick RTH	Lord's Seat	Mooclose 10k	Hay O	Body Fit 5k	Ellenborough 10K	Round Latrigg	Gosforth 10K	Netherhall 10	Grizedale Trail	Abbeytown 10m	Gosforth 10m	Cumberland Ale	Derwentwater	Brampton/Carlisle	Haweswater	Dentdale 14	Keswick 1/2					Dumfries	Cumbrian	Marathon (any)	
		13th Apr	27th Apr	17th May	5th Jul	13th Jul	3rd Aug	24th Aug	6th Sep	27th Feb	27th Mar	5th Jun	15th Jun	11th Sep	6th Nov	19th Nov	6th Mar	12th Mar	1st May	25th Sep	2nd Oct						
Division 1																											
Ian	McDougall	100	100	99	100	99	98	100	99	98	100	100				99		100						600	14	Yes	1
Paul	Jackson					100	99		100	100							100				100			599	6	Yes	2
Chris	Neil	98		100			100							100	100	100								598	7	Yes	3
Errick	Hannah					98	97		97					99	99	98	99					99	100	594	9	Yes	4
Dave	Goodall				99		96		98	97												97	99	586	6	Yes	5
Richard	Elliot	99	98										99						100					396	4		6
Shaun	Cavanagh	97			98	97						99												391	4		7
Paul	McKendrey									99														99	1		8
Roger	Grey		99																					99	1		8
Mark	Denham-Smith			98																				98	1		10
Frank	Moger																										11
Iain	Quinn																										11
Division 2																											
Margaret	Hawley		100	100	98	100		99		100		100	98		100	100		100					99	600	12	Yes	1
Sarah	Chaudri									99				99		98	100	99	100		100	100		598	8	Yes	2
Gillian	Kidd				100		99					99	97	100		99								594	6	Yes	3
Phil	Hawley	100			99	98		100		98		98			98									593	7	Yes	4
Wendy	Figes								100	97			95				99						97	488	5		5
Jim	Welsh				97				99						99	97								392	4		6
Mike	McKenzie			99			100						99											298	3		7
Sue	Booth					100																		198	2		8
Pat	Parker												100										98	198	2		8
Joe	Walker												96									99		195	2		10
Graham	Banks			98																				98	1		11
Philip	Lowden																					98		98	1		11
Mark	Greaves																										13
Division 3																											
Deborah	Redmond									97				100		100	100	99	98		100	100		599	8	Yes	1
Stevie	Watson		100	99	99	100	100			99														597	6	Yes	2
Geoff	Harrington	97	99	97	100		98			96		100		99	99		99		100					597	11	Yes	2
Maggie	Grant	99		100			99		100						100									498	5		4
Susan	Denham-Smith	98		98						98									99					393	4		5
Alwyn	Stockdale								98				100									98		296	3		6
Alison	Andrew	100							99															199	2		7
Allison	Hall									100														100	1		8
Rebecca	Weston																	100						100	1		8
Fayyaz	Chaudri																						99	99	1		10
Robin	Bell																										11
Vic	Kilgore																										11
Stewart	Grant																										11
Paul	Lavender																										11
Sarah	Hemsley-Rose																										11
		9	6	10	9	8	10	3	9	13	1	6	9	7	7	8	6	5	5				10	7			

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13th Apr	27th Apr	17th May	5th Jul	13th Jul	3rd Aug	24th Aug	6th Sep	27th Feb	27th Mar	5th Jun	15th Jun	11th Sep	6th Nov	19th Nov	6th Mar	12th Mar	1st May	25th Sep	2nd Oct																									
Division 1																																												
Ian McDougall		00:33:29	00:40:46	00:38:58	00:27:59	00:19:26	00:40:39	00:39:29	00:40:25	01:08:26	01:06:04	01:05:58	01:06:10								600	14	Yes	1																				
Paul Jackson					00:18:35	00:38:58			00:38:41	01:04:40					01:26:36				01:24:49		599	6	Yes	2																				
Chris Neil		00:39:51	00:36:31			00:37:12						01:02:08	00:58:20	00:56:57					01:52:47		598	7	Yes	3																				
Erick Hannah					00:22:08	00:46:30			00:46:56				01:20:32	01:16:28	01:14:16	01:42:21			01:43:27	03:30:40	594	9	Yes	4																				
Dave Goodall				00:32:27	00:47:32			00:45:24	01:13:28										01:57:51	04:19:01	586	6	Yes	5																				
Richard Elliot	00:37:07	00:44:41									01:10:24							01:42:02			396	4		6																				
Shaun Cavanagh	00:40:02			00:32:47	00:22:52																391	4		7																				
Paul McKendrey									01:06:02												99	1		8																				
Roger Grey		00:43:32																			99	1		8																				
Mark Denham-Smith			00:40:40																		98	1		10																				
Frank Moger																								11																				
Iain Quinn																								11																				
Division 2																																												
Margaret Hawley		00:54:53	00:49:09	00:38:14	00:24:46		00:52:18		01:21:48		01:21:47	01:20:31		01:22:28	01:19:00		01:59:39			04:15:00	600	12	Yes	1																				
Sarah Chaudri									01:22:44				01:25:08	01:20:10	01:49:14	02:01:53	01:56:17		01:49:41	03:53:31	598	8	Yes	2																				
Gillian Kidd				00:35:50	00:50:10					01:23:09	01:21:14	01:24:47		01:19:26							594	6	Yes	3																				
Phil Hawley	00:43:00			00:36:08	00:26:21		00:51:16		01:25:36	01:29:24			01:29:01								593	7	Yes	4																				
Wendy Figes							00:53:37	01:26:33			01:30:52				01:51:09					04:40:00	488	5		5																				
Jim Welsh			00:38:47				00:55:22						01:26:38	01:29:03							392	4		6																				
Mike McKenzie			00:50:12		00:49:43						01:19:47										298	3		7																				
Sue Booth				00:24:46								01:26:00									198	2		8																				
Pat Parker											01:19:09									04:15:49	198	2		8																				
Joe Walker											01:28:17								01:55:14		195	2		10																				
Graham Banks			00:54:24																		98	1		11																				
Philip Lowden																			01:58:51		98	1		11																				
Mark Greaves																								13																				
Division 3																																												
Deborah Redmond									01:40:29				01:44:50	01:35:46	02:11:19	02:27:06	02:24:53		02:18:13	04:49:59	599	8	Yes	1																				
Stevie Watson		00:57:33	00:55:37	00:42:28	00:27:47	00:56:27			01:32:22												597	6	Yes	2																				
Geoff Harrington	00:49:32	01:02:38	00:59:15	00:41:10	00:59:35				01:42:51	01:39:48		01:47:49	01:39:36		02:20:52		02:13:58				597	11	Yes	2																				
Maggie Grant	00:47:16		00:53:46		00:57:36		00:53:45						01:33:17								498	5		4																				
Susan Denham-Smith	00:48:57		00:58:28						01:35:21								02:20:24				393	4		5																				
Alwyn Stockdale								01:34:12			02:15:00									03:30:26	296	3		6																				
Alison Andrew	00:46:52							00:54:12													199	2		7																				
Rebecca Weston																02:04:53					100	1		8																				
Allison Hall									01:27:44												100	1		8																				
Fayyaz Chaudri																			02:18:19		99	1		10																				
Robin Bell																								11																				
Vic Kilgore																								11																				
Stewart Grant																								11																				
Paul Lavender																								11																				
Sarah Hemsley-Rose																								11																				
		9	6	10	9	8	10	3	9	13	1	6	9	7	7	8	6	5	5	10	7																							