Cumberland Athletic Club Open Championship 2011

CUMBERLAND ATHLETIC CLUB

		Short Category								Medium Category							Long Category									
		Keswick RTH	Lord's Seat	Moorclose 10k	Hay O	Body Fit 5k	Ellenborough 10K	Round Latrigg	Gosforth 10K	Netherhall 10	Grizedale Trail	Abbeytown 10m	Gosforth 10m	Cumberland Ale	Derwentwater	Brampton/Carlisle	Haweswater	Dentdale 14	Keswick 1/2	Dumfries	Cumbrian	Marathon (any)	Total points	No. of Races Ran	Completed championship (any 6 races)	Position
		13th Apr	27th Apr	17th May	5th Jul	13th Jul	3rd Aug	24th Aug	6th Sep	27th Feb	27th Mar	5th Jun	15th Jun	11th Sep	6th Nov	19th Nov	6th Mar	12th Mar	1st May	25th Sep	2nd Oct					
MEN																										
Ian	McDougall	100	99	100	100	100	100	100	100	99	100	100	100			100		100					600	14	Yes	1
Errick	Hannah					99	99		99					100	100	99	100				100	100	599	9	Yes	2
Phil	Hawley	98			99	96		99		96		99			99								590	7	Yes	3
Geoff	Harrington	96	96	95	95		95			95		98		99	98		99		99				589	11	Yes	4
Stevie	Watson		97	98	96	98	98			98													585	6	Yes	5
Dave	Goodall				97		96		98	97											97	99	584	6	Yes	6
Richard	Elliot	99	98										99						100				396	4		7
Shaun	Cavanagh	97			98	97						97											389	4		8
Jim	Welsh				94				97						97	98							386	4		9
Mike	McKenzie			97			97						97										291	3		10
Alwin	Stockdale								96				96								95		287	3		11
Joe	Walker												98								99		197	2		12
Paul	McKendrey									100													100	1		13
Roger	Grey		100																				100	1		13
Mark	Denham-Smith			99																			99	1		15
Philip	Lowden																				98		98	1		16
Graham	Banks			96																			96	1		17
Fayyaz	Chaudhri																				96		96	1		17
Mark	Greaves																									19
Robin	Bell																									19
Vic	Kilgore																									19
Stewart	Grant																									19
WOMEN																										
Margaret	Hawley		100	100	99	100		100		100		100	99		100	100		100				99	600	12	Yes	1
Sarah	Chaudhri									99				99		98	100	99	100		100	100	598	8	Yes	2
Gillian	Kidd				100		100					99	98	100		99							596	6	Yes	3
Deborah	Redmond									95				97		97	98	98	98		99	97	587	8	Yes	4
Maggie	Grant	99		99			99		99						99								495	5		5
Wendy	Figes								100	98			97				99					98	492	5		6
Susan	Denham-Smith	98		98						96									99				391	4		7
Sue	Booth					100								98									198	2		8
Alison	Andrew	100							98														198	2		8
Pat	Parker												100										100	1		10
Allison	Hall									97													97	1		11
Sarah	Hemsley-Rose																									12

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		Age	13th Apr	27th Apr	17th May	5th Jul	13th Jul	3rd Aug	24th Aug	6th Sep	27th Feb	27th Mar	5th Jun	15th Jun	11th Sep	6th Nov	19th Nov	6th Mar	12th Mar	1st May	25th Sep	2nd Oct					
MEN																											
Ian	McDougall	47	00:30:00	00:36:31	00:34:54	00:25:04	00:17:25	00:36:25	00:35:22	00:36:12	01:01:46	00:59:38	00:59:33	00:59:44			00:59:34		01:30:01					600	14	Yes	1
Errick	Hannah	55					00:18:35	00:39:02		00:39:24					01:07:57	01:04:31	01:02:40	01:26:40				01:27:35	03:00:15	599	9	Yes	2
Phil	Hawley	58	00:35:11			00:29:34	00:21:34		00:41:57		01:10:20		01:13:28			01:13:09								590	7	Yes	3
Geoff	Harrington	65	00:38:06	00:48:10	00:45:34	00:31:40		00:45:50			01:19:12		01:16:51		01:23:02	01:16:42		01:48:38		01:43:19				589	11	Yes	4
Stevie	Watson	71		00:41:37	00:40:13	00:30:42	00:20:05	00:40:49			01:06:55													585	6	Yes	5
Dave	Goodall	43				00:29:59		00:43:55		00:41:57	01:08:29											01:50:28	04:06:33	584	6	Yes	6
Richard	Elliot	45	00:33:46	00:40:39										01:04:35						01:34:06				396	4		7
Shaun	Cavanagh	46	00:36:09			00:29:36	00:20:39						01:17:05											389	4		8
Jim	Welsh	49				00:34:12				00:48:49						01:16:56	01:19:05							386	4		9
Mike	McKenzie	50			00:43:55			00:43:29						01:10:15										291	3		10
Alwin	Stockdale	71								01:08:06				01:37:48								02:32:38		287	3		11
Joe	Walker	62												01:09:56								01:31:29		197	2		12
Paul	McKendrey	44									01:01:04													100	1		13
Roger	Grey	57		00:35:56																				100	1		13
Mark	Denham-Smith	44			00:37:17																			99	1		15
Philip	Lowden	49																				01:46:01		98	1		16
Graham	Banks	57			00:44:54																			96	1		17
Fayyaz	Chaudhri	51																				02:01:17		96	1		17
Mark	Greaves	49																									19
Robin	Bell	45																									19
Vic	Kilgore	78																									19
Stewart	Grant	65																									19
WOMEN																											
Margaret	Hawley	54		00:46:03	00:41:15	00:32:05	00:20:47		00:43:53		01:08:39		01:08:38	01:07:34		01:09:12	01:06:18		01:40:25				03:23:36	600	12	Yes	1
Sarah	Chaudhri	48									01:14:47				01:16:58		01:12:28	01:38:45	01:50:11	01:45:07		01:39:09	03:21:43	598	8	Yes	2
Gillian	Kidd	51				00:31:15		00:43:44					01:12:30	01:10:50	01:13:55		01:09:15							596	6	Yes	3
Deborah	Redmond	50									01:28:42				01:32:33		01:24:33	01:55:56	02:09:52	02:07:54		02:02:01	04:04:10	587	8	Yes	4
Maggie	Grant	64	00:34:31		00:39:16			00:42:04		00:39:15						01:08:07								495	5		5
Wendy	Figes	35								00:53:06	01:25:43			01:30:00				01:50:05					04:35:46	492	5		6
Susan	Denham-Smith	43	00:46:24		00:55:25						01:30:23									02:13:05				391	4		7
Sue	Booth	49					00:22:08								01:16:51									198	2		8
Alison	Andrew	46	00:43:16							00:50:02														198	2		8
Pat	Parker	57												01:03:50										100	1		10
Allison	Hall	44									01:22:29													97	1		11
Sarah	Hemsley-Rose	47																									12