

2010 CHAMPIONSHIP		Short Category					Medium Category						Long Category					Total points	No. of Races Ran	Completed championship (any 6 races)	Position		
Age Related Championship		Keswick RTH	Moorclose	Lord's Seat	Hay O	Ellenborough	Gosforth 10k	Netherhall 10	Grizedale Trail	Abbeytown	Gosforth 10m	Cumberland Ale	Derwentwater	Brampton/Carlisle	Haweswater	Keswick	Freckleton					Langdale	Cumbrian
		14th Apr	18th May	28th Apr	6th Jul	4th Aug	7th Sept	28th Feb	28th Mar	6th Jun	6th Jun	12th Sep	7th Nov	20th Nov	7th Mar	2nd May	20th Jun	25th Sep	10th Oct				
Men																							
Ian	McDouqall				50	50	50	49			50								50	299	6	Yes	1
Roger	Grey	50	49		49	48		50	50						50					298	7	Yes	2
Erick	Hannah						48	48				49		50	49		50	50	49	297	8	Yes	3
Geoff	Harrington	44	43	48	45	44	43	43	47	50	47	48	48	48	47	48		49	48	291	17	Yes	4
Steve	Watson	48	47	50	46	46	47						50	49						291	8	Yes	4
Phil	Hawley	47	44	49				46					49	47		49				287	7	Yes	6
Dave	Goodall	46	46				45		48		49					50			47	286	7	Yes	7
Shaun	Cavanagh				47	45	46						47	46						231	5		8
Mark	Greaves		41			43	44	44											46	218	5		9
Alwyn	Stockdale					41	41	42			46								41	211	5		10
Tommy	Baxter	49	50			49						50								198	4		11
John	Lewis				48			47	49						48					192	4		12
Jim	Welsh							45					46	45					44	180	4		13
Robin	Bell					40	40			49									42	171	4		14
Graham	Banks		42			42	42							44						170	4		15
Vic	Kilgore		48			47	49													144	3		16
Mike	McKenzie		40								48								45	133	3		17
Fayyaz	Chaudhri											46							43	89	2		18
Frank	Moger											47								47	1		19
Stewart	Grant	45																		45	1		20
Mark	Denham-Smith		45																	45	1		20
Ladies																							
Margaret	Hawley	48	50	50		50	49	49		50	49		50	50		50			50	300	12	Yes	1
Maggie	Grant	50				49	50	50			50	49	49							298	7	Yes	2
Sarah	Chaudhri					47				47		48	48	48					49	287	6	Yes	3
Alison	Andrew	46	48					48		48	47					49				286	6	Yes	4
Helen	Armstrong	47				48	47							49						191	4		5
Allison	Hall				50		46	47						47						190	4		6
Deborah	Redmond									46		47	47						48	188	4		7
Gillian	Kidd	49								49		50								148	3		8
Sara	Campbell		49			48					48									145	3		9
Sarah	Helmsley-Rose																		47	47	1		10
		12	14	4	7	15	16	13	4	7	9		9	11	4	5	1	2	14				11